



Spring 2017 Workshop Calendar

Emerging Leaders must attend at least 5 workshops and cover the 4 Dimensions of Leadership:

IS = Interpersonal Skills; **EV** = Ethics & Values; **PE** = Personal Empowerment;

GCP = Global and Community Perspectives

Workshops with the title in **BLACK TEXT** indicates it's only a workshop for Emerging Leaders.

Workshops with the title in **BLUE TEXT** indicates it's a program/speaker open to more than just ELs.

Thursday, January 26 @ 8pm in SU MPR

"Refuse to Lose: 4 Ways to Become a Guaranteed Success Story" (PE)

Presented by Odell Bizzell, Leadership Speaker

Every student faces challenges and obstacles both at home and in school. In this talk, Odell tells his story and even how he was able to use 1 simple exercise to create his future as a young adult. In this inspiring and engaging program, students will learn that 1 secret to ultimate achievement and how to activate it right away, 2 ways leadership can help overcome anything and guarantee success, how to find and fulfill their purpose, and 2 things they must connect to in order to guarantee their success. Kick off the Spring Semester by refusing to lose!

Monday, February 13 @ 12:30pm in SU401

"Interview Skills to Get You the Job!" (IS & PE)

Presented by Emily Zurner, Senior Career Specialist, Career Resource Center

Learn interview strategies to help you succeed on any interview! The key is in the prep – learn how to best utilize your prep time! What do I need to work on? What do I need to do to prepare? What's important? What is the hiring manager looking for? (Capacity: 30 ELs)

Wednesday, February 15 @ 3:30pm, SU401

"Me's vs. We's" (EV, IS, & PE)

Presented by Tara Sestanovich, Coordinator of First Year Programs

Do you work more effectively on your own or with others? Find out if you're a "we" or a "me" when brain teasers get put to the test! (Capacity: 30 ELs)

Saturday, February 18 @ 5:00-6:30pm OR 8:00-9:30pm in McKenna Theatre

"Intersections" (EV, IS, PE, GCP)

Theatre Performance and Discussion, sponsored by The Department of Theatre Arts

Continuing our exploration of the Black Lives Movement, Intersections is a story that tracks three families as they negotiate the day to day trials and tribulations of life in a complex society. Through a cultural lens, we examine the systems established in our country centuries ago, and how the intersectionality contributes to bias. Intersectionality refers to: "the social, economic, and political ways in which identity-based systems of oppression and privilege connect, overlap, and influence each other." We look at the Intersections of identity to understand the complexity of systems designed to maintain an imbalance of people from different cultural backgrounds, economic situations, and representing different belief systems in an effort to create change and eliminate prejudice.

Wednesday, February 22 @ 2:00pm in SU409

"Survival" (GCP, IS, & PE)

Presented by Matt Giufre, Head Women's Volleyball Coach

This workshop will involve an activity that will be done individually, in small groups, and within the large group. The focus of the workshop is on communication skills and using one's voice. (Capacity: 30 ELs)

Friday, February 24 @ 11:00am in LC 110

"Get Linked on LinkedIn!" (PE)

Presented by Samantha Lopes, Senior Career Specialist, Career Resource Center

Join us to learn how to leverage your LinkedIn profile to showcase your expertise, build your network and connect with employers. In this workshop you will learn the ten steps to jump start your student LinkedIn profile and set your privacy setting for maximum viability. Before attending make sure you have created an account with LinkedIn so that you can make edits and updates to your profile throughout the workshop. (Capacity: 26 ELs)

Tuesday, February 28 @ 1pm, SU62/63

"Going Up! Elevator Speech 101" (IS, PE)

Presented by Mike Patterson, Director, Student Activities & Union Services

The first step to networking is having an "elevator speech". Can you communicate to a stranger in the time of an elevator ride (30 seconds) the most important details of who, what, how, when and where. Come learn and practice the basics of developing your very own elevator speech.

Wednesday, March 1, Time TBA, Student Union Building

"3rd Annual Women's Leadership Summit" (IS, PE, EV, GCP)

*Hear from New Paltz alumnae and thought-leaders, returning to campus to share their advice and perspectives on a variety of leadership topics. As they share their individual career paths, you can consider how to make a successful transition from college to career, how to stand out among competitive job candidates, learn about career opportunities, and balance work and life demands. This Summit is a **REGISTRATION REQUIRED** event (web registration posted soon), and is open to all students.*

Tuesday, March 7 @ 4pm in SU 401

"Breaking Out of Your Comfort Zone and Becoming a Leader" (IS, PE)

Presented by Ronnie Genee, RD of Esopus Hall, and Isabelle Hayes, Emerging Leaders Mentor

Emerging Leaders will learn how to put themselves out there and the importance of taking initiative. They will learn how to successfully communicate with others, and they will learn of leadership opportunities where they can apply these skills. (Capacity: 30 ELs)

Thursday, March 9 @ 12:30pm in SU 100N

"Networking with Emerging Leaders Graduates" (IS, PE)

Presented by Dawn McCaw, Assistant Director of the Career Resource Center, and Emerging Leaders Program Graduates

In this workshop, you will learn the basic skills of networking effectively. Networking is the key to finding opportunities for your future -- it takes practice! Start now by testing out your networking skills by meeting and interacting with past Emerging Leaders Graduates. This program is also a great chance to meet other student leaders, and hear about their leadership experience at New Paltz.

Monday, March 13 @ 7:30pm in LC 100

"Our Environmental Destiny" (GCP, EV)

Presented by Distinguished Speaker Robert F Kennedy, Jr.

In this beautifully written speech, Robert F. Kennedy, Jr. discusses the role that natural resources play in our work, our health, and our identity as Americans. A passionate environmental speaker, he reminds us that we have a responsibility to protect and preserve our planet for future generations. More than an advocate for the environment, Kennedy is an architect and agent of change. From

solar energy to wind power and more, he shows how it is truly possible to become energy independent while making the world a better place.

Tickets are required for this event (and are FREE for students). For more information, go to: <http://www.newpaltz.edu/speakerseries/>

Tuesday, March 14 @ 12:30pm in SU 62/63

“Fostering Positive Energy” (GCP, PE)

Co-Presented by Rita Celariste, Assistant Director, Educational Opportunity Program, and Clarissa Hernandez, Emerging Leaders Mentor

This workshop will be about ways of staying positive through crisis, hard times, and stress. Learn to find the positive outlets for stressful situations and preventative measures to deal with school stress. These tips will also be useful when a person knows of someone else in distress. (Capacity: 40 ELs)

Thursday, March 30 @ 3:30pm in SU 401

“Presenting Passion” (GCP, PE)

Presented by Erik Johnson, Operations Coordinator, Student Activities & Union Services

Are you struggling to find your passion? Have you ever thought about what your passion might be? Join me on a journey in which you will have the opportunity to learn step-by-step about how to find your passion and understand how your passion can not only help you in a career, but also help you become a better leader. (Capacity: 30 ELs)

Friday, March 31 @ 2:00pm in SU 62/63

“Discover You. Discover the World.” (GCP, PE)

Presented by Samantha Skillman, Marketing Associate, Center for International Programs

Life doesn't begin once you graduate – it begins today! This session will explore how you can prepare yourself to be the master of your own destiny while still in college at SUNY New Paltz. (Capacity: 40 ELs)

Monday, April 3 @ 3pm in SU 401

“Pink, Yellow, and Blue” (EV, GCP)

Co-Presented by Amanda Norton, RD of Ridgeview Hall, and James Baptiste, Emerging Leaders Mentor

Are you constantly making decisions between one or the other? Have you ever wanted to live outside the box? Join RD Amanda and ELM James to discuss the gender binary in an interactive way. (Capacity: 30 ELs)

Tuesday, April 4 @ 8pm in SU MPR

“Comedy Magic with Brian Miller” (IS, PE)

We live in an increasingly distracted and disconnected world. Brian Miller imagines a world in which we can all feel understood. He helps high school and college students learn how to connect with others, how to get out of their comfort zones, and how to conquer the debilitating fear of failure.

Wednesday, April 12 @ 12:30pm in HUM 118

“Co-Curricular Transcript Workshop” (PE)

Presented by Mike Patterson, Director, Student Activities & Union Services

Get a head start on upcoming leadership opportunities with a step-by-step workshop giving you the inside scoop on how to best create a Co-Curricular Transcript. At this session, you will learn the ins and outs of updating your CCT throughout your New Paltz career.

Tuesday, April 18 @ 7pm in SU 62/63

“Raise Your Hand If...” (EV, PE, GCP)

Co-Presented by Sarah Melvin, RD of Scudder Hall, and Jessica Mohr, RD of Bouton Hall

What are the cultural and societal differences and similarities that make us who we are? In this safe space workshop, participants will be asked a series of questions that will raise awareness about their own identities as well as their peers. (Capacity: 40 ELs)

Wednesday, April 19 @ 3:30pm in SU 401

“Agree to Disagree: Conflict Resolution and Mediation for Student Leaders” (IS, PE, GCP)

Presented by Shannon Moysey, Coordinator of Living/Learning Communities, Residence Life

This program will provide student leaders with an opportunity to discuss causes of stress and conflict, as well as methods and approaches for mediation. Participants will review different types of conflict management styles, and as a group will brainstorm ways to best approach and work with people who exhibit these styles.

Thursday, April 27 @ 2:30pm in SU 401

“My Personality Tree” (PE, GCP, EV)

Presented by Christine Retta, RD of LeFevre Hall, and Alicia McGowan, Emerging Leaders Mentor

“My Personality Tree” concentrates on bringing self-awareness to what makes you YOU! Students will understand the different parts of the tree and what makes up the different parts of themselves. (Capacity: 30 ELs)